



FAMILY ACCEPTANCE PROJECT® PUBLICATIONS & RESOURCES

Peer-Reviewed Research – to Date

- Cohen, J. A., & Ryan, C. (2021). Trauma-focused CBT and Family Acceptance Project: An integrated recovery framework for sexual and gender minority youth. *Psychiatric News*, XXXVIII(6), 15-17.
- Ryan, C. (2020). Family rejection is a health hazard for LGBTQ children and youth. *Journal of the American Academy of Child & Adolescent Psychiatry*, 59(10):S336, doi:10.1016/j.jaac.2020.07.817.
- Fortuna, L., Ryan, C., Telingator, C. (2020). Faith, acceptance, and mental health: Working with religiously and culturally diverse families of LGBTQ youth. *Journal of the American Academy of Child & Adolescent Psychiatry*, 59(10):S348. doi:10.1016/j.jaac.2020.07.855.
- Ryan, C. (2019). The Family Acceptance Project's model for LGBTQ youth. *Journal of the American Academy of Child & Adolescent Psychiatry*, 58(10):S28-S29 doi:10.1016/j.jaac.2019.07.123.
- Ryan, C. (2019). Family Acceptance Project: Culturally grounded framework for supporting LGBTQ children and youth, *Journal of the American Academy of Child & Adolescent Psychiatry*, 2019, 58(10):S58-S59, doi: 10.1016/j.jaac.2019.07.391
- Ryan, C., Toomey, R., Diaz, R., & Russell, S. T. (2018). Parent-initiated sexual orientation change efforts with LGBT adolescents: Implications for young adult mental health and adjustment, *Journal of Homosexuality*, doi:10.1080/00918369.2018.1538407
- Toomey, R., Ryan, C., Diaz, R., Sanchez, J., & Russell, S. T. (2018). Coping with sexual orientation-related minority stress, *Journal of Homosexuality*, 65(4), 484-500.
- Snapp, S. D., Watson, R. J., Russell, S. T., Diaz, R. M., & Ryan, C. (2015). Social support networks for LGBT young adults: Low cost strategies for positive adjustment, *Family Relations*, 64, 420-430.
- Ryan, C. (2014). Generating a revolution in prevention, wellness & care for LGBT children & youth, *Temple Political & Civil Rights Law Review*, 23(2), 331-344.
- Russell, S. T., Toomey, R. B., Ryan, C., & Diaz, R. M. (2014). Is coming out worth the risk? Adolescent school victimization and young adult adjustment. *American Journal of Orthopsychiatry*, 84(6), 635-643.
- Toomey, R., Ryan, C., Diaz, R., & Russell, S. T. (2011). High school gay-straight alliances (GSAs) and young adult well-being: An examination of GSA presence, participation, and perceived effectiveness, *Applied Developmental Science*, 15(4), 175-185.
- Russell, S. T., Ryan, C., Toomey, R., Diaz, R., & Sanchez, J. (2011). Lesbian, gay, bisexual, and transgender adolescent school victimization: Implications for young adult health and adjustment. *Journal of School Health*, 81(5), 223-230.
- Ryan, C., Russell, S. T., Huebner, D. M., Diaz, R., & Sanchez, J. (2010). Family acceptance in adolescence and the health of LGBT young adults. *Journal of Child and Adolescent Psychiatric Nursing*, 23(4), 205-213.
- Toomey, R., Ryan, C., Diaz, R., Card, N. A., & Russell, S. T. (2010). Gender nonconforming lesbian, gay, bisexual, and transgender youth: School victimization and young adult psychosocial adjustment. *Developmental Psychology*, 46(6), 1580-1589.
- Ryan, C., Huebner, D., Diaz, R. M., & Sanchez, J. (2009). Family rejection as a predictor of negative health outcomes in white and Latino lesbian, gay and bisexual young adults. *Pediatrics*, 123(1), 346-352.

Family & Provider Education, Assessment & Guidance

- Glassgold, J. & Ryan, C. (2021). The role of families in efforts to change, support, and affirm sexual orientation, gender identity and expression in children and youth. In D. C. Haldeman (Ed). *Change efforts in sexual orientation and gender identity: From clinical implications to contemporary public policy*. Washington, DC: APA Books..
- Available in English, Spanish, Chinese (traditional & simplified), Korean, Japanese, Vietnamese, Hindi, Punjabi & Tagalog:
- Ryan, C. (2019). Poster Guidance for *Healthy Futures Poster Series* on Family Behaviors that Increase Your LGBTQ Child's Risk & Promote Their Health & Well-Being. San Francisco, CA: Family Acceptance Project, San Francisco State University. <https://familyproject.sfsu.edu/poster>
- Ryan, C. (2019). *Family Behaviors that Increase Your LGBTQ Child's Health & Well-Being*. San Francisco, CA: Family Acceptance Project, Marian Wright Edelman Institute, San Francisco State University. <https://familyproject.sfsu.edu/poster>
- Ryan, C. (2019). *Family Behaviors that Increase Your LGBTQ Child's Health & Well-Being – Conservative Version*. San Francisco, CA: Family Acceptance Project, Marian Wright Edelman Institute, San Francisco State University. <https://familyproject.sfsu.edu/poster>

FAP Resource Bibliography, p. 2

- Ryan, C. (2019). *Family Behaviors that Increase Your LGBTQ Child's Risk for Serious Health & Mental Health*. San Francisco, CA: Family Acceptance Project, Marian Wright Edelman Institute, San Francisco State University. <https://familyproject.sfsu.edu/poster>
- Written by C. Ryan for the Substance Abuse Mental Health & Services Administration (2014). *A practitioner's resource guide: Helping families to support their LGBT children*. HHS Publication No. PEP14-LGBTKIDS. Rockville, MD: Substance Abuse and Mental Health Services Administration. <http://familyproject.sfsu.edu/publications>
- Ryan, C., & Chen-Hayes, S. (2013). Educating and empowering families of LGBTQ K-12 students. In E. S. Fisher & K. Komosa-Hawkins (Eds.), *Creating school environments to support lesbian, gay, bisexual, transgender, and questioning students and families: A handbook for school professionals*. New York, NY: Routledge.
- Ryan, C. & Diaz, R. (2012). Assessment measures for implementing the Family Accepting Project's family support framework with LGBT youth and families. San Francisco, CA: Family Acceptance Project, Marian Wright Edelman Institute, San Francisco State University.
- Ryan, C. (2010). Engaging families to support lesbian, gay, bisexual and transgender (LGBT) youth: The Family Acceptance Project, *The Prevention Researcher*, 17(4), 11-13.
- Ryan, C. (2009). *Helping families support their lesbian, gay, bisexual, and transgender (LGBT) children*. Washington, DC: National Center for Cultural Competence, Georgetown University Center for Child and Human Development.
- Ryan, C., & Monasterio, E. (2009). *FAPrisk Assessment Screener. Provider's Guide for Using the FAPrisk Screener for Family Rejection & Related Health Risks in LGBT Youth*. San Francisco, CA: Marian Wright Edelman Institute, San Francisco State University.
- Ryan, C. (2009). Reducing Risk and Promoting Well-Being for LGBT Youth: Critical Role of Family Support. University of Buffalo School of Social Work - Podcast 1 – history of the Family Acceptance Project's family support approach to promote well-being for LGBT youth: www.socialwork.buffalo.edu/podcast/episode.asp?ep=33
- Ryan, C. (2009). Reducing Risk and Promoting Well-Being for LGBT Youth: Critical Role of Family Support. University of Buffalo School of Social Work - Podcast 1 – history of the Family Acceptance Project's family support approach to promote well-being for LGBT youth: www.socialwork.buffalo.edu/podcast/episode.asp?ep=33
- Toomey, R. B., & Ryan, C., & Russell, S.T. (2009). Family rejection: What are the health consequences of rejecting a lesbian, gay, or bisexual child? Research summary - www.education.com
- Ryan, C. (2009). Reducing Risk and Promoting Well-Being for LGBT Youth: Critical Role of Family Support. University of Buffalo School of Social Work - Podcast 1 – history of the Family Acceptance Project's family support approach to promote well-being for LGBT youth: www.socialwork.buffalo.edu/podcast/episode.asp?ep=33 ; Podcast 2: on doing culturally grounded research with ethnically and racially diverse populations: www.insocialwork.org/mp3/living_proof/ryan_research.mp3
- With Caitlin Ryan (2015). Interview on Utah Public Radio on the experiences of a Mormon family and young gay son featured in FAP's family education video, *Families Are Forever*: <http://upr.org/post/family-acceptance-project-thursdays-access-utah>
- With Caitlin Ryan (2016). Radio documentary on FAP and Ruth Ellis Center's collaboration to support LGBT children and youth at risk for foster care, juvenile justice placement and homelessness. Journey of a gender diverse African-American youth and family. Michigan Public Radio: <http://stateofopportunity.michiganradio.org/post/your-behavior-has-profound-impact-health-your-lgbtq-child>

Best Practices for Suicide Prevention for LGBTQ Young People – Best Practices Registry for Suicide Prevention

- Families are Forever*. (2013). Dir. Vivian Kleiman, Executive Producer Caitlin Ryan, Editor Robert Arnold. Family Acceptance Project, San Francisco State University. Premiere at Frameline: San Francisco's International Film Festival, June 2013. (Awards)
- Ryan, C. (2009). *Supportive families, healthy children: Helping families with lesbian, gay, bisexual & transgender children*. San Francisco, CA: Family Acceptance Project, Marian Wright Edelman Institute, San Francisco State University. *Published in English, Spanish and Chinese*. <http://familyproject.sfsu.edu/publications>
- Ryan, C., & Rees, R. A. (2012). *Supportive families, healthy children: Helping Latter-day Saint families with lesbian, gay, bisexual & transgender children*. Faith Series. San Francisco, CA: Family Acceptance Project, Marian Wright Edelman Institute, San Francisco State University. <http://familyproject.sfsu.edu/publications>

Practice / Policy Guidance

- Cohen, JA, Mannarino, AP, Wilson, K & Zinny, A (2019): *Trauma-Focused Cognitive Behavioral Therapy LGBTQ implementation manual*. Pittsburgh, PA: Allegheny Health Network. Includes Family Acceptance Project intervention components. <http://familyproject.sfsu.edu/publications>

FAP Resource Bibliography, p. 3

- Ryan, C. & Gattamorta, K. (2019). Family Acceptance Project: Brief Intervention for Hispanic Families with LGBT Youth. Intervention Manual. A Pilot Intervention for Hispanic LGBT Youth and Families. Funder: National Institute on Minority Health and Health Disparities.
- Wilber, S., Ryan, C. & Marksamer, J. (2006). *Serving LGBT Youth in Out-of-Home Care: Best Practices Guidelines*. Washington, DC: Child Welfare League of America (CWLA). <http://familyproject.sfsu.edu/publications>
- Written for the Substance Abuse Mental Health & Services Administration (2014). *A practitioners resource guide: Helping families to support their LGBT children*. HHS Publication No. PEP14-LGBTKIDS. Rockville, MD: Substance Abuse and Mental Health Services Administration. <http://familyproject.sfsu.edu/publications>

Videos – Education, Prevention & Intervention Videos for LGBTQ Young People, Families & Providers

- Families are Forever*. (2013). Dir. Vivian Kleiman, Executive Producer Caitlin Ryan, Editor Robert Arnold. Family Acceptance Project, San Francisco State University. Premiere at Frameline: San Francisco's International Film Festival, June 2013. (Awards)
- Always My Son*. (2009). Dir. Vivian Kleiman, Executive Producer Caitlin Ryan, Editor Robert Arnold. Family Acceptance Project, San Francisco State University. Premiere at Frameline: San Francisco's International Film Festival, June 2010. (Awards).
- Leonor's Journey*. (2007).). Dir. Vivian Kleiman, Executive Producer Caitlin Ryan, Editor Robert Arnold. Family Acceptance Project, San Francisco State University.

Commentaries on the Family Acceptance Project's Research, Resources & Family Support Approach

- Ryan, C., & Robertson, R. (April 21, 2020). Six ways educators can support LGBTQ students during COVID-19, *Education Week*, http://blogs.edweek.org/teachers/classroom_qa_with_larry_ferlazzo/2020/04/six_ways_educators_can_support_lgbtq_students_during_covid-19.html
- Fletcher, D. (July 05, 2012). Changing the Mormon conversation on homosexuality, *Washington Post*, On Faith, https://www.washingtonpost.com/national/on-faith/changing-the-mormon-conversation-on-homosexuality/2012/06/25/gJQAjV1X2V_story.html?utm_term=.6ea6df784292
- Kendall, K. (July 05, 2012). A priceless gift: Loving our Mormon LGBT children, *Huffington Post*, https://www.huffingtonpost.com/kate-kendall-esq/mormon-lgbt-children_b_1644176.html
- Mayne, M. (June 14, 2012). A way out of danger for Mormon youth. *The Advocate*, <https://www.advocate.com/commentary/2012/06/14/mitch-mayne-praises-new-way-out-danger-mormon-youth>
- Nolan, T. (December 11, 2010). Family acceptance: Groundbreaking 'Best Practice' for reducing suicide risk for LGBT youth. *Huffington Post*, http://www.huffingtonpost.com/theresa-nolan/family-acceptance-lgbt-youth-suicide-risk_b_1518197.html
- Rees, R. A., & Bradshaw, B. S. Guidance for LDS families with LGBT children. (December 11, 2010). *Salt Lake Tribune*, <http://archive.sltrib.com/article.php?id=50842640&itype=CMSID>
- Ryan, C., (January 7, 2015). Parents don't have to choose between their faith and their LGBT kids. *Religion News Service* and *Washington Post*, http://www.washingtonpost.com/national/religion/parents-dont-have-to-choose-between-their-faith-and-their-lgbt-kids-commentary/2015/01/07/e3ec4a9c-96bc-11e4-8385-866293322c2f_story.html
- Ryan, C., & Russell, S. T. (May 24, 2011). The real-life costs of anti-LGBT bullying, *Huffington Post*, https://www.huffingtonpost.com/caitlin-ryan/the-reallife-costs-of-ant_b_866253.html

Other publications & resources are under development