

# THE INSTITUTE FOR INNOVATION & IMPLEMENTATION

Integrating Systems • Improving Outcomes



SOGIE Resources Newsletter  
February 5, 2019

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## Practical Tools

### Video Resource

## Support for LGBTQ Youth Starts at Home: An #AsYouAre Project

The Institute for Innovation and Implementation at the University of Maryland School of Social Work (The Institute) has partnered with the Biden Foundation to create an animated short focused on family acceptance of youth with diverse sexual orientation, gender identity, and expression (SOGIE). This animated short focuses on the impact of rejection that children, youth, and young adults can experience in their homes and communities and provides examples and strategies to promote support, acceptance, and affirmation of youth with diverse SOGIE.

The Institute was honored to support the important work of the Biden Foundation's "As You Are: A Family and Community Acceptance Campaign" and shares the commitment to ensuring equal dignity and opportunity for all LGBTQ Americans. [Read the full news release here.](#)



**WATCH NOW** 

### About the Biden Foundation

The Biden Foundation is a 501(c)(3) nonprofit corporation established to carry on former Vice President Joe Biden and Dr. Jill Biden's lifelong commitment to public service. By leveraging existing networks and institutions to support, serve, and advocate for LGBTQ

communities, the foundation is dedicated to working toward a future where all people are equal in dignity and opportunity. [Learn more about "As You Are."](#)

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The Institute is interested in learning more about potential technical assistance and training needs related to supporting lesbian, gay, bisexual, transgender, queer, questioning, and other youth with diverse SOGIE. We would appreciate you taking a few minutes to describe your experiences and interest in this topic.

[Click here to take this survey](#)

To learn more about The Institute and our LGBTQ resources, [click here](#). To sign up for our LGBTQ newsletter, [click here](#).

If you have a technical assistance or training need related to sexual orientation or gender identity and expression, please contact The Institute at 410-706-8300 or [theinstitute@ssw.umaryland.edu](mailto:theinstitute@ssw.umaryland.edu).

### **Pronoun Practice**

[Minus 18](#) is a group out of Australia that produced a video called "[What Are Pronouns?](#)" that can be used as a training or coaching aid. This group also offers a game in which you can practice using pronouns online.

[Watch here](#)

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## **Articles/Research**

### **Using Chosen Names Reduces Odds of Depression and Suicide in Transgender Youth**

In a recent study, researchers found that when transgender youth are allowed to use their chosen names, their risk of suicide and depression decreases.

[Learn more](#)

### **Research Shows the Risk of Misgendering Transgender Youth**

All youth require the support and acceptance of their family, peers, and communities to thrive. Transgender and gender-nonconforming youth are no exception, as their health and well-being are heavily influenced by the institutions and communities that surround them. Two recent studies show the power of affirming transgender youth's identities.

[Learn more](#)

### **Estimating the Risk of Attempted Suicide Among Sexual Minority Youth**

In this systematic review and meta-analysis of nearly 2.5 million adolescents, sexual minority youth were found to have greater risk of life-threatening behaviors compared with their heterosexual peers. Transgender youth were the most affected, followed by bisexual and homosexual teens.

[Read here](#)

### **'Is It Just a Phase?' What to Do When Transgender Youth Ask to Transition**

In the last five years, many clinicians have faced tough questions about how best to serve transgender youth while doing no harm. They are aided in this task by the recent

explosion in clinical research on best practices for supporting and treating the transgender community. However, the increase in access to gender-affirming hormone therapy and puberty suppressors has led transgender individuals to seek medical transition at younger ages, raising important questions about the risks and benefits of early transition.

[Learn more](#)

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## Policy News

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### **Trump Administration Delays New Child Welfare Data Rules Until 2020, But Plans Changes to Obama Plan (Chronicle of Social Change)**

In August 2018, the Administration for Children and Families (ACF) announced that the implementation of a final rule for child welfare data collection would be delayed only until 2020 and not 2021, as had been announced the previous March. ACF also announced that a notice of proposed rule making, which would include any changes to the Obama administration's plan, will be released by May 2019. It is worth noting that it might take until well after the 2020 date for states to actually collect and report on the new data elements.

[Read here](#)

### **Position Statement on Equality for LGBTQ Families and Youth**

This position statement says, "LGBTQ parents are as well-suited to raise children as their heterosexual counterparts and LGBTQ youth and families deserve equal treatment under the law." The groups that collaborated on the statement are: Child Welfare League of America; Donaldson Adoption Institute; North American Council on Adoptable Children; Voice for Adoption; National Center on Adoption and Permanency; FosterClub, and RESOLVE: The National Infertility Association.

[Download now](#)

### **California Lawmakers Pass Bill Allowing Transgender Foster Youth to Access Transition-Related Care (Metro Weekly)**

California has passed a historic bill ensuring that transgender youth in foster care will be able to access medical care, including hormones and mental health counseling, to assist with their transition.

[Learn more](#)

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## Community Corner

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Community Corner is a place where you can share news about work you are doing with this population. To submit information about your program to be highlighted in this newsletter, please email [theinstitute@ssw.umaryland.edu](mailto:theinstitute@ssw.umaryland.edu).

### **National QIC-LGBTQ2S Implementing and Evaluating Programs for LGBTQ2S Youth in Foster Care**

The Institute has formed the National Quality Improvement Center on Tailored Services, Placement Stability, and Permanency for LGBTQ2S Children and Youth in Foster Care (QIC-LGBTQ2S) in collaboration with the Children's Bureau of the U.S. Department of Health and Human Services' Administration for Children and Families. The QIC-LGBTQ2S is working with four local implementation sites in Maryland, Michigan, Ohio, and Pennsylvania to develop, integrate, and sustain best practices and programs that improve outcomes for youth with diverse SOGIE who are in foster care. On this initiative, the Institute has partnered with the Human Services Collaborative, Judge Baker Children's

## Human Rights Campaign's ACAF Project Conducts LGBTQ Training with Maryland Department of Human Services



The Social Services Administration team from the Maryland Department of Human Services recently completed a two-week LGBTQ competency training program through All Children – All Families (ACAF), a project of the Human Rights Campaign Foundation. ACAF promotes LGBTQ-inclusive policies and affirming practices among child welfare agencies.

[Learn more about ACAF](#)

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