

## Resources for Supporting the Bisexual Community

In recognition of Bisexual Visibility Day, which is celebrated each year on September 23, the National SOGIE Center has compiled a list of resources for professionals to use to better support the unique needs of bisexual people. Please share this list with your colleagues.

- **Bi resource Center**
    - [Bi+ 101](#)
    - [Frequently Asked Questions about Bisexuality](#)
    - [Transgender and/or Nonbinary Folks in the Bi+ Community \(pdf\)](#)
    - [Bisexuality and Disability \(pdf\)](#)
    - [Ten Tips on How to be Bi-inclusive in Your Programs and Services for LGBTQ Elders](#)
    - [Bisexuality+ and Christianity: A Resource](#)
    - [Info For Families of Bi+ Youth](#)
    - [Coming Out as Bi+](#)
    - [Mental Health in the Bi+ Community](#)
    - [Sexual Health Tips for the Bi+ Community and Best Practices for Providers](#)
    - [Find a Bi+ Group](#)
    - [Growing Bi+ Community: A Handbook for Facilitators](#)
  - **The Trevor Project:**
    - [Understanding Bisexuality](#)
    - [How to Support Bisexual Youth](#)
  - **Still Bisexual**
    - [Am I Bisexual?](#)
    - [Bisexual Identity and Health: The Facts](#)
      - [Infographic: Little Known Facts about Bi+ People](#)
    - [A Guide for Mental Health Clinicians](#)
  - **Movement Advancement Project:**
    - [A Closer Look: Bisexual Transgender People](#)
    - [Invisible Majority: The Disparities Facing Bisexual People and How to Remedy Them](#)
  - **Human Rights Campaign**
    - [Coming Out: Living Authentically as Bisexual+](#)
    - [Health Disparities Among Bisexual People](#)
    - [Bi+ Youth Report](#)
  - **Research on Bi+ Identities:**
    - [Bisexual adults are far less likely than gay men and lesbians to be 'out' to the people in their lives](#)
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- **GLAAD:**
    - [Reporting on the Bisexual Community](#)
  - **National LGBTQ Task Force**
    - [The 411 on Bisexual Resources](#)
      - [The Bisexual Invisibility Report](#): Produced by the San Francisco Human Rights Commission, the report details current statistics about the bisexual community and makes recommendations to increase inclusion and visibility.
      - [Williams Institute Report](#): How many people are lesbian, gay, bisexual or transgender?
      - [Rainbow Health Ontario Fact Sheet](#): Important health-related statistics about the bisexual community.
      - [Guidelines for Researching and Writing about Bisexuality](#): Best practice guidelines for those wanting to write about bisexuality and research about bisexuals.
      - [Bisexual People in the Workplace: Practical Advice for Employers](#): Detailed advice on how to include bisexuals in workplace diversity work and information about the issues that bisexuals face in the workplace.
    - [Bisexual.org](#): A freshly designed website where you can connect to three awesome resources:
      - [The American Institute of Bisexuality](#) encourages, supports and assists research and education about bisexuality, through programs likely to make a material difference and enhance public knowledge, awareness and understanding about bisexuality.
      - [The Journal of Bisexuality](#): a quarterly academic journal that publishes research, personal essays, book and film reviews upon bisexual themes.
        - (It may be interesting to share an article from this publication if there's a recent one that addresses behavioral health)
      - [Bi Magazine](#): Want to find out what bisexuals are talking about in art, music, movies, and politics? So does Bi Magazine.
    - [Bisexual Organizing Project \(BOP\)](#): Based in the Twin Cities of Minnesota, this organization produces the annual [BECAUSE](#) conference, and provides a strong bisexual presence throughout the Midwest. BOP advocates for equal acknowledgement and recognition of bisexual identities and communities and creates a safe community for bisexuals and our allies within and outside of LGBTQA spaces.
  - [The Bisexuality-Aware Professionals Directory](#): A new and growing listing of professionals who are sensitive to the unique needs of bisexual clientele
  - **Additional SAMHSA Resources**
    - [A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, and Transgender Individuals](#)
    - [Top Health Issues for LGBT Populations](#)
    - [Affordable Care Act \(ACA\) Enrollment Assistance for LGBT Communities](#)
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